



Kettlestone & Pensthorpe Parish News July 2024

We welcome articles for the newsletter, including village news and photos, historical articles, welcoming new villagers, details of village organisations, village activities etc. Send to: kettlestonepc@googlemail.com by 25th of preceding month.

Kettlestone Parish website: <https://kettlestoneparishcouncil.norfolkparishes.gov.uk/>

Summary of Dates

- Fri 5 July 7 pm talk on Hypnotherapy
- Sat 6 July 10:30 to 12 History Project fundraising
- Wed 10 July 2 pm Craft and Social Afternoon
- Sun 14 July Church Service
- Mon 15 July 7:30 pm Parish Council meeting
- Fri 19 July 7 pm Bingo Night
- July or Aug 'Picnic in the Park' (Holkham)
- Sun 25 Aug 12 pm Boules & BBQ
- Fri 6 Sept 7 pm Local History talk
- Fri 27 Sept Macmillan Coffee Morning

Kettlestone Parish Council

Contact details: **Clerk** Joanna Otte, Little Manor, Thursford Rd, Little Snoring, NR21 0JN
Tel: 01328 822366; kettlestonepc@googlemail.com

Parish Councillors:

David Head 878455, Trevor Hoad 822101, Robert Kilbourn (Chair) 316830, James Kilpatrick 878214, Barbara Wyvill (Vice-Chair) 878790. Two vacancies.

The next meeting is on **Monday 15 July** at 7:30 pm in the Village Hall.

Education Grant

Young people studying for their first degree, apprenticeship or equivalent can apply for support to purchase books, materials & resources: email kettlestonecharities@googlemail.com. Deadline for submission is **end of September 2024**.

All Saints Church

Service: Sunday 14 July 11 am
Priest-in-charge: Robin Stapleford: 01328 853226
Elected members of PCC
Robin Norster-Files (Treasurer) – 01328 621281
Jenny Little (safeguarding) – 01328 878375
Angela Waterston – 01328 822394
Services: www.achurchnearyou.com

The PCC is looking for a Secretary to take minutes at its four mid-afternoon meetings a year. There is no need to be a member of the PCC or a church goer, just someone who cares for the future of this ancient building in our village. If you are interested please contact one of us. Plenty of support will be given!

Jenny Little

Kettlestone Village Hall News

Please note, membership for the Kettlestone Village Hall Social Club was due for renewal at the end of June. Many thanks to all those who have joined already. Please note, by maintaining your membership of the VH you will be supporting all our various activities and will continue to receive email updates regarding the program of events.

- Becoming a member of the Social Club gives you a saving on all our ticketed events.
- The Hall is also available for hire for functions – with reduced rates for members.
- Further forms are available at the KVH and new members are very welcome.

Scot Head boat trip in June – We were most fortunate with the weather and had a smooth crossing to this beautiful nature reserve. Some enjoyed beach combing with good company on this beautiful island.

Upcoming events for your diary

Friday 5 July 7pm a talk by Natalie Sayer. A practicing Hypnotherapist who will highlight what this type of therapy involves and blow away a few myths.

There will be a fun element to the session as it involves possible participation of volunteers. No charge - Donations to VH funds and a chosen charity
Saturday 6 July 10.30am - 12.0pm "History Group" Fund Raising Event - Coffee/Cake/Plants/Bric-A-Brac.

Wed 10 July 2.00pm Monthly Craft and Social Afternoon. Only £3 per person includes tea and homemade cake.

Friday 19 July 7pm Bingo A fun night with many prizes with everyone having a chance of winning. Only £5 pp for many games.

July or August (Date TBA Subject to Weather)

Holkham VH Picnic in the Park (During "Feast in the Park" Event)

Sunday 25 August 12pm Boules and BBQ. This popular annual event is set to return; fingers crossed for a sunny day.

Friday 6 September 7pm 'TRAGEDY and TREACHERY' Two Stories of Kettlestone Families.

A talk by Bridget Fieldon & Judith Kilbourn from the 'History Group'. No charge, however, any donations welcome, to be split between the History Group and the Village Hall.

Friday 27 September Macmillan Coffee Morning. Come along and support this worthy cause. Help with the baking of Cakes welcome.

Jen

Kettlestone History Project

COFFEE AND CAKE MORNING

Saturday 6 July

10:30 am to 12 noon

CAKES, PLANTS AND BRIC-A-BRAC

Please come along and enjoy a chat, coffee and homemade cake.

All money raised will be used to pay for visiting speakers and to cover website and research costs.



Donations of cakes, plants and bric-a-brac gratefully received. Please contact Bridget [878200] or Judith [316830] to arrange collection.

God's Acre

Perhaps especially for the older generation, when we think of burial grounds, we might visualise the vast first and second world war cemeteries – neat lines of white gravestones stretching into the distance, kept clean of lichens and mosses and surrounded by close-cut grass. Tidiness in a graveyard has been part of the respect we give to the dead; it demonstrates that we have not forgotten them.



A wild area in Kettlestone Churchyard

But graveyards not only commemorate our dead comrades, friends, relations, they also contain much life, albeit of the non-human sort. Last February, the General Synod of the Church of England encouraged dioceses to create 'land action plans'. At the time, the Bishop of Norwich, Graham Usher, said: '... we have the opportunity to demonstrate the Church's responsibility to safeguarding God's creation by ... [being] responsible stewards of the land ... There are around 17,500 acres of churchyards in England ... I want them to be places for the living as well as the dead.'

Making the churchyard in our Parish more wildlife-friendly is a goal of Kettlestone All Saints PCC (Parochial Church Council), while maintaining tidiness around those graves that are recent or regularly visited.

The PCC have designated areas in the Churchyard that will not to be strimmed or mown: this will hopefully encourage more wildflowers; there is also a rotting wood-pile which will support insect and other

invertebrate life. Although management is certainly still required, for example, an annual clear-up, or occasional removal of harmful or invasive plants, weedkiller will no longer be used, which may require a bit more (volunteer) labour but will be beneficial to wildlife.



Nettle-beds, for instance, may look scruffy but are great food and habitat for many species of insects and spiders. Tree-stumps rot down slowly underground providing food and habitat for invertebrates, which may provide food for some bird species.

Parts of the churchyard will begin to look less 'tidy' than hitherto, but we should not think that allowing this natural unruliness implies a lack of care or a deficiency of respect for the dead. Quite the contrary: to invert a biblical phrase: 'In the midst of death there is life'.

PCC volunteers are mapping and recording plants and animals in the churchyard and are planning to erect 'bug hotels' and bird and bat boxes. The PCC will be communicating with parishioners about these changes and will be connecting with other local churches as part of the national [Caring for God's Acre](https://www.caringforgodsacre.org.uk) project – more information about that project can be found by online [caringforgodsacre.org.uk](https://www.caringforgodsacre.org.uk).



Wall daisies and hollyhock leaves

Climate and Environment Group
(wecan@educari.com)



Last year **mid Norfolk food bank** handled 97 tonnes of food and they continue to receive support from local supermarkets. If you are able to donate food and essential toiletries these can be left at the collection points: the nearest ones are at Tesco in Fakenham and at Ryburgh Village Shop in Great Ryburgh. You can also download the *Bank the Food* app onto your mobile phone to receive the most up-to-date list of food needs and drop-off points:

<https://www.bankthefood.org/downloadapp/>

If you need help and support contact Mid Norfolk Food Bank via email: info@midnorfolk.foodbank; telephone 07542 106107 or use the contact form on the website

<https://midnorfolk.foodbank.org.uk/contact-us/>.