



Kettlestone & Pensthorpe Parish News November 2021

If you would like to include an article for publication in the Parish News, please send your item by 25th of the preceding month to the Editor: kettlestonepc@googlemail.com.
Kettlestone Parish website: <https://kettlestoneparishcouncil.norfolkparishes.gov.uk/>

Kettlestone Parish Council

Contact details: **Clerk** Joanna Otte, Little Manor, Thursford Rd, Little Snoring, NR21 0JN.
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Councillors: Gill Ashby (Chair) 878639; Christine Hipkin 878241; Marlene Hoad 822101; Trevor Hoad 822101; Shane Hyde; Robert Kilbourn (Vice-Chair) 851633; Barbara Wyvill 878790.

The next meeting of the Parish Council is on **Monday 15 November at 7:00 pm** in the Village Hall.

Please note that the Meeting now starts at the earlier time of 7:00 pm. The main item on the agenda for the meeting in November is setting the Budget and Precept for 2022-23.

Members of the public are invited to attend.

Litter Picking

Message from the Litter Pick Warden:

Could I just say a big thank you to the Kettlestone residents who have helped with the Litter Picking this last month. It is very much appreciated by all. A special thank you must go to Kay and Terry from Little Snoring who litter pick the road from Little Snoring to Langor Bridge on a regular basis.

John Waterston

All Saints Church

Service on 11 am on first Sunday in the month.

100 Club Winners

September:

1st Chris Coubrough;
2nd Fleur Waterston; 3rd Seb White

October:

1st Robert Rogers;
2nd Jennifer Little; 3rd Tom Bacon

Village Hall

Friday evenings bar & carpet bowls, from 7pm
Wednesday evenings table tennis from 7pm.

Erica Bishop

CPR and Defibrillator Training



Friday 5 November at 5:30pm in the Village Hall (before the opening of the bar). The session will be run by a volunteer from the East Anglian Air Ambulance (EAAA). Prior to Covid they had been running these sessions for around 18 months and trained approximately 10,000 Adults and Children in CPR and Defibrillator awareness across East Anglia. As well as working for EAAA the session leader also volunteers for the Norfolk Accident Rescue service (NARS). Mark Milsom says: 'I have been a paramedic for 28 years and know only too well that your best chance of surviving a cardiac arrest is if a bystander performs CPR and a defibrillator is attached before the arrival of the emergency services. As a North Norfolk resident, I am keen that this training is offered to as many people as possible'.

The sessions are free although donations on the day from attendees and businesses to EAAA to help cover our CPR program costs are always appreciated. Any funds raised go back into teaching CPR to Adults and Children in our region.

It would be helpful if you could sign up in advance, please contact Trevor Hoad 822101.

Fakenham Choral Society 'A Festive Fantasia'



A festive feast of music awaits as Fakenham Choral Society presents its annual Christmas concert at Fakenham Parish Church on Saturday 11th December at 5.30pm. Musical Director, Mark Jones, will lead the performance in his usual exuberant style!

So do join the choir for their first performance since March 2020, sing along to some popular carols and enjoy a selection of wonderfully celebratory music to mark the season. Entry is free and there will be a retiring collection. The performance will last for 1 hour 15 minutes with no interval.

Climate Change

The **Earthshot Prize** will help to repair the planet Prince William was in Namibia looking for rhinos – to photograph, not to shoot, as his ancestors might have done – when he fully appreciated the benefits of the community conservation model practised there. This led him to help set up the **Earthshot Prize**; the first round of awards in this new Prize were presented last month to winners in the five categories.



The categories were: 'Protect and restore Nature; Clean our Air; Revive our Oceans; Build a waste-free World; and Fix our Climate. Winning projects included: the first scalable electrolyser that replaces fossil fuels with green hydrogen; food waste hubs in Milan; and a cheap, portable machine which converts crop residues into sellable bio-products. Among the runners-up was a fifteen-year-old Indian girl, Vinisha Umashankar, who created a solar-powered ironing cart! All fifteen finalists receive help in developing their work, and the five winners each receive a million pounds.

The Duke, who is joined on the Prize Council by Sir David Attenborough, among other luminaries, says: "I wanted to recapture [President] Kennedy's Moonshot spirit of human ingenuity, purpose and optimism, and turn it with laser-sharp focus and urgency on to the most pressing challenge of our time – repairing our planet. ...

"The community conservancy model is a prime example of how a simple, positive solution can have wide-reaching benefits for both humans and nature "...it is a success story that can be replicated and scaled. I wanted to find a way to bottle that innovation and community spirit and mass-produce it globally." One thing I really like about the Prize is that, as it says on its website:

"The Prize aims to turn the current pessimism surrounding environmental issues into optimism, by highlighting the ability of human ingenuity to bring about change, and inspiring collective action." Community spirit, community innovation, community care: we have all these in our Parish. And if we can do it, so can others. Although we don't expect prizes, we know we are doing what we can.

Barbara Wyvill (wecan@educari.com)

Relax and Rejuvenate

with **Kettlestone Therapist Susannah**

Massage Treatments at the Village Hall. Discover the many benefits massage can offer. Come along for a treatment or a chat. From 1 pm – 4 pm Saturday 13 November

£10 per 15 mins of treatment. Book by Email kettlestonetherapist@gmail.com or via the website www.kettlestonetherapist.com, or drop in on the day (Limited waiting area available). All Covid-safe procedures observed. *Susannah Sparrow.*

Currylicious

Pop-up Indian food stall is at Crossways caravan forecourt, in front of the shop, every Wednesday from 5:00 pm till 8:00 pm.

The menu is targeted to individual portions, and they do boxes which can contain a main meal, rice, vegetable, and chapati, for under £10.



The menu can be viewed on the website:

<https://www.currylicious.co.uk/>
info@currylicious.co.uk & 07957 402402

Mobile Library

Route EDE 508: For all enquiries about this route please call 01603 222303. Visits to Kettlestone are on Fridays (normally every 28 days) stopping at

- The Street NR21 0JB at 10:40 – 10:55:

Next dates: 5 November, 3 and 31 Dec. 28 Jan

Self-test kits

All mobile libraries now stock boxes of Covid-19 self-test kits. Simply turn up and get 1-4 boxes or up to 25 through Neighbourhood Collect.

Online Reporting

for **Norfolk County Council** and
North Norfolk District Council

If you see a pothole that needs repairing, a damaged sign post or other **problems on roads, pavements or public footpaths** please do report to the Highways department at the County Council. The online reporting form can be found at

<https://apps.norfolk.gov.uk/highwaysdefect/>.

The North Norfolk District Council has online facilities for reporting **fly-tipping, littering and dog fouling**.

Please go to the website <https://www.north-norfolk.gov.uk/> and use the Environment and Emergencies tab.